

HIKING & WALKING ROUTES

HALF DAY CHAPMAN'S PEAK AND HOUT BAY

Hugging the coastline above pretty Chapman's Bay, the iconic Chapman's Peak Drive is a worthy feature on any journey along the Cape Peninsula, your attention focused on the jaw dropping views and engineering ingenuity as the road winds its way along the sheer sides of Chapmans Peak between Hout Bay and the stunning beaches of Noordhoek. However, the scenic slopes and towering cliffs dotted with the ruins of forts and decommissioned manganese mines offer a slow way to take in the views and are often overlooked as the eyes are drawn seaward. Easily accessed trails offer stunning walking to secret waterfalls, wooded valleys and lofty summits, offering a great break from the vehicle on any journey along the peninsula, not to mention a more time to soak in the scenic splendour.

HD CHAPMAN'S PEAK SUMMIT HIKE

Duration: 3-4 hours / 5km (3 miles)

Description: An out and back climb to the summit, the route initially ascends steeply to cross over a small stream to gain a broad ridgeline. From here the path ascends gradually, taking in a false summit before eventually topping out on a rocky summit with great views over Noordhoek Beach, Chapmans Bay, the Atlantic Ocean and Hout Bay. We return via the same route.

Grade: Moderate – good mountain trails that can be rocky underfoot. The upper sections of the mountain involve some light scrambles.

Experience & Fitness Level Required: A moderate to good level of hiking fitness required to cope with a sustained ascent and descent, along with comfort walking over uneven ground.

HD CONSTANTIABERG LOOP HIKE

Duration: 3-4 hours / 5km (3 miles)

Description: After exploring the ruins of the East Fort, built in the 1800's to protect shipping in Chapmans Bay, the trail ascends slowly to gain the high contour path below the huge cliffs of Constantiaberg. We cross a number of waterfalls and scramble our way over rocky stream beds with an option to visit the Manganese mines before descending gently back to the van. A good leg stretch of a hike offering unparalleled views of Chapmans Bay and beyond.

Grade: Easy to Moderate – good mountain trails that can be rocky underfoot. The upper sections of the mountain involve some slightly exposed ledges and narrow paths.

Experience & Fitness Level Required: A moderate level of hiking fitness required along with comfort walking over uneven ground.

Included: Entry Fees, Water, Trail Snacks, Safety & Walking Equipment, Private Vehicle & Guide.

PLEASE NOTE:

- **A festive season surcharge of ZAR300 per each trip is applicable between 20 December & 5 January**
- A recommended kit list is available on request.
- This can be adapted to a full day tour with lunch and wine tasting in the Constantia winelands